

Our Breakfast Selection

Scones	\$ 1.50
Muffins	\$ 1.25
Bagels	\$ 1.25
Bagel With cream cheese	\$ 1.95
Cinnamon Roll	\$1.50
Fruit Cinnamon Roll	\$1.75
Fruit Filled Strudel	\$1.50
Fresh fruit	\$.75
Cereal	\$ 1.00
Fresh fruit cup	\$ 3.99
Yogurt & Fruit Parfait	\$2.50
Yogurt	\$ 1.25
Coffee cake	\$ 1.50
Oatmeal	\$ 1.50
Fresh Baked Cookies	\$.95

Featuring Freshly Brewed Starbucks Coffee

Small \$1.30

Large \$1.60

Large Coffee and Cinnamon Roll Combo \$2.95

Tazo Tea by Starbucks \$1.50

Snack Bar Features Assorted Energy Bars such as
Pure Protein, Detour, Odyssey, Meso Tech and Nitro Tech.

Also A Full line of Odwalla Protein Bars.

Plus Lean Pro and Met-Rx Protein Energy Shakes Made to Order-\$4.00 with Milk or Juice \$5.50

Fresh Smoothie Menu

Energizer-10oz Orange Juice, Fresh Banana, Non-Fat Yogurt and Strawberries

Health Shake-Non Fat Milk, Non-Fat Yogurt, Fresh Banana and your choice of fruit

Orange Cream-Orange Juice and Vanilla Ice Cream

All Fruit Smoothie-Orange Juice, Fresh Banana and Your Choice of 3 Fruits

Rejuvenator- Apple Juice, Non-Fat Yogurt, Fresh Banana, and Strawberry

Citrus Cooler-Orange Juice, Lemon Sorbet, Raspberries and Sparkling Water

Passion Cooler- Passion Fruit Sorbet, Fresh Banana, Strawberries, and Sparkling water

Regenerative Elixir-Orange Juice, Non-Fat Yogurt, Mango, Fresh Banana, Ginseng & Royal Jelly

All Smoothies are 20oz \$4.75each

Add a 1oz of Dry Protein to any shake add .50

Assorted Bottled Beverages Available

Poland or Aquafina Water-\$1.25

Pepsi, Diet Pepsi, Ginger Ale, Syria Mist and Ice Tea \$1.25

Fruit Works \$1.50

Gatorade \$1.50

Assorted Vitamin Waters \$2.00

Fresh Samantha's \$2.75

Sobe Sport Cap juice \$2.10

Kids Juice Box \$.80

V8 Juice \$1.50